



UNITY IN COMMUNITY

South Hill, VA Community Resource Directory

Bringing together our community's resources into this directory demonstrates each organization's commitment to serve Mecklenburg County citizens in a way that benefits our present and future generations. Inside, you will learn about beneficial services as well as community volunteer opportunities. Find the help you need!
Find volunteer opportunities!

The information submitted by each provider reflects services offered as of September 2025.

AARP Twin Lakes Chapter 4014



Gloria Pinckney, President
gloriann@va.net
(434)265-2509

Services provided: The motto of the AARP is to serve, not to be served. We look for ways to meet others and provide interesting programs. It is our goal to seek opportunities to serve others in our community. We receive legislative updates and educate or inform our members in various ways, including mature driving classes, health care, taxes, local events, financial and estate planning, leadership development, recreational and entertainment events. We offer “just plain fun” activities such as bingo, fun day, Christmas parties and so much more! The AARP hosts monthly meetings where a professional in any field who may provide education to our members is invited.

Volunteer Opportunities: Volunteers can get started by contacting Gloria Pinckney.

American Legion Post 79



Denia Paquette, Post 79 Commander
cep79sh@gmail.com
(434) 447-3442

Services offered:

- We help veterans that are in need of benefits through the Veterans Administration. We assist with claims, update records, and survivor benefits for widows.

Volunteer opportunities:

- Volunteers are members who must have served in the Armed Forces

Anchored, LLC



Deborah Hanson
dhanson912@gmail.com
804-677-1988
Tameca Woodley
434-430-1838

Services offered:

- *Mental Health Support (Medicaid Recipients)
- *Mobile Crisis-via 988 hotline (Medicaid Recipients)
- *Community Stabilization- (Medicaid Recipients) intensive care-short term to help with psychiatric crisis-linkages to community resources, safety planning
- *One-on-One Mental Health Counseling (Skill Building) (Medicaid Recipients)
- *Educational Workshops (Stress Management and Self Care) (Free-Open to the Public)

ARK Ministries



Dana Debaets, President
Pastor Joey Hanel
thearkva@gmail.com
ddkayak53@gmail.com
434-294-9287

PO Box 162 Boyton, VA 23917
Facebook: The ARK Ministries
Website: arkministries.us

Services offered: Christ-centered addiction recovery for men who are over age 18 and able to work. Twelve month in-house program. Application Process: On line application (found on FB or website)

Volunteer opportunities: Volunteers can help us weekdays during the day, 4 hrs a day, doing basic labor. No smoking or vaping, no cussing or foul language, appropriate dress and footwear. Both single and multi-day volunteering opportunities available. If interested, leave name and number with Dana Debaets

Arms Of Faith



Samantha Newell, Founder
Reginald Newell
Alyssa Jones
connect@arms-of-faith.com
434-247-1361

Services Offered: We provide gift cards to families that have babies in the Neonatal Intensive Care Unit to help offset some of the extra expenses that they have while they are there. We have partnered with two hospitals (VCU and Johnston Willis in Richmond) as of now that help distribute the gift cards. We also have a contact at VCU in South Hill to give our information to anyone that gets transferred to a NICU. We would like to reach more families so if you have a contact at any of the other surrounding hospitals, please let us know. As of now most of our families are either from those two hospitals or from word of mouth that know us personally.

Volunteer Opportunities: We appreciate any help that we can get whether it be prayers, information or monetary gifts. We give God the glory in all that we do!! Thank you for your help!!

The Bailey Center for Special Needs



Jessica Lafoon, Center
Manager
434-584-9655
jessica@ssvafeat.org
info@ssvafeat.org

Services offered: We serve individuals with intellectual, developmental, and physical disabilities, along with their families and caregivers. Our services include: Inclusive programs and activities for all ages (music, dance, art, cooking, game nights, LEGO club, and more); Life skills and transition programs (LINCS and BEYOND programs) to prepare young adults for employment and independent living; Caregiver and parent support groups; Educational workshops and training for parents, caregivers, and professionals; Family Resource Navigator to connect families with needed services and support; Recreational and social opportunities (Buddy Ball inclusive sports, community outings, seasonal events); Sensory-friendly spaces, including a sensory room, life skills area, and observation room.

Volunteer services: Assist with monthly activities and events (music, art, dance, cooking, game nights, and special celebrations); Provide one-on-one support to participants during programs; Help with set-up, clean-up, and behind-the-scenes support; Assist with fundraising events and community outreach booths; Offer professional skills (e.g., teaching, mentoring, therapy support, or administrative help).

Brunswick Health Ambassadors

Jeanette Grimes
jeanetteforlezeal@gmail.com
(609) 273-2404

Services Offered: The Brunswick Health Ambassadors' Mission is to improve health, well-being, and quality of life by educating people about healthy eating habits, promoting good exercise programs, and healthy preventive measures.

Volunteer Opportunities: Volunteers can help prepare item bags for public event giveaways and work tables at public events. To volunteer, email: BrunswickHA@gmail.com

Cabiness Coaching & Consulting Group



Marilynn Cabiness
cabicoachme@gmail.com
434-865-4043

Services Offered: Cabiness Coaching and Consulting is committed to providing workforce development services to vulnerable and underserved populations. Their service solutions help individuals reach their highest potential and make their greatest contribution in the marketplace. They help create a roadmap to successfully navigate each career stage with well-rounded skill sets and confidence. Leadership Development & Executive Coaching Workforce Development & Talent Management Specialized Programs & Workshops Business Support Services M Speaking Engagements

City of Refuge/Impact Church of God



Javon Hite
Latosha Alexander
Pat Moore
434-447-8508

Services offered:

- Impact Young Adults Mentorship/Volunteer Program- Equips young adults with a strong biblical foundation through intentional mentoring relationships to guide participants in applying God's word to everyday life.
- Hope and Recovery: Faith based support group whose primary objective is to offer encouragement, accountability and support to those impacted by life's challenges or personal loss.
- Words of Light: Created to inspire and encourage families while loved ones are in the hospital or are critically/chronically ill.
- Little Lambs Daycare Center: Affordable, reliable and faith-based childcare.

Volunteer opportunities:

- Read to children at the daycare center.

Clarksville Food Pantry



Robert Thaxton, President
Clarksville Food Pantry
robertthaxton486@gmail.com
1-919-614-5919

Volunteer Coordinator: Sylvia Billings
billings5254@yahoo.com
(434) 210-1238 Availability: Wed, Sat

Services Offered: We serve twice weekly distribution of food on Wednesday and Saturday by appointment. (Registration is required.)

Volunteer Opportunities:

- Single or multi-day community volunteers help when regular volunteer groups need additional help to put together food boxes and deliver directly to clients' cars.
- Additional volunteers help pick up food at local grocery stores and help unload the Feed More delivery truck every other Friday.
- Plant and harvest fresh produce from our community garden.

Colonial Center for Performing Arts



Kathryn Madarasz
colonialcenter.km@gmail.com
(434) 262-4170
Karen Terry
karenterryart@outlook.com
(434) 262-4170

Services Provided:

- Free Theatre and Art Summer camps for school-aged kids
- Free monthly Art Workshops for all ages
- Prom Dress Loan Program (No fee, just return cleaned)

Volunteer Opportunities:

- Offers internships and community service hours. Need help with cleaning, ushering, set building, sewing, laundry, painting

Dolly Parton's Imagination Library of Mecklenburg County



Services Offered: Children ages birth to age 5 will receive an age-appropriate book each month, totaling 60 books. The opportunity to own, read, and enjoy books is available to all children regardless of income level. Parents apply online.

Jessie Ruff,
jessie.ruff@verizon.net
434-210-6487

Feed More



Asiah Stukes
434-262-4011 ext. 291
434-771-6032 (cell)
astukes@feedmore.org

Services offered: Feed More collects, prepares, and distributes food to neighbors in need throughout Central Virginia. Our programs:

- **Agency Partners:** Connects with community organizations to provide food for local food pantries, Meals on Wheels, homebound delivery, Hunger Hotline, SNAP Application Assistance
- **Child Nutrition Programs:** Provides afterschool, summer meals, etc. to children and their families
- **Mobile Pantries:** Drive-thru line to distribute food in rural areas

Volunteer opportunities: From preparing and packaging food in our Bayard Community Kitchen or delivering our Meals on Wheels, there is something for everyone to do. Email volunteer@feedmore.org, call 804-521-2500, or sign up at <https://feedmore.volunteermatters.org/project-catalog>

Full Circle Bloom Vertical Aeroponics



Andrew D. Richardson,
Co-Founder

arichardson@fullcirclebloom.com

434-774-7661

Ashley Richardson

434-774-7625

Services offered: Full Circle Bloom is a vertical aeroponic farm dedicated to growing fresh, nutrient-rich produce sustainably while fostering community well-being. We combat food insecurity through donations and partnerships, offer educational programs, and champion environmental sustainability. By increasing access to healthy food and promoting local agriculture, Full Circle Bloom is cultivating a healthier, more equitable future for all.

Helpful Hands and Hearts



*Helpful Hands
and Hearts*

Making a difference one smile at a time

Chuck Youse,
Executive Director

Melissa S. Morris,
Office Manager
(252) 586-3000

info@helpfulhandsandhearts.org

Facebook: [HHHGivingAccess](https://www.facebook.com/HHHGivingAccess)

www.helpfulhandsandhearts.org

Services offered: Serves individuals with serious mobility challenge by building ramps, offering rides (to doctor appointments, pharmacies, and grocery stores), and loaning electric wheelchairs. We serve all 5 counties around Lake Gaston. Although donations are always welcome, our services are free.

Volunteer opportunities: Regardless of skills and experience, volunteers can assist with:

- Building Ramps: assessing ramp needs and developing the ramp design; costing materials; coordinating building permits, etc.
- Offering Rides: matching ride requests with volunteer drivers, being a volunteer driver (must have own vehicle), and maintaining scheduling system
- Loaning and Maintaining Electric Wheelchairs
- General Administrative: assisting with incoming calls, updating social media and website, participating in promotions

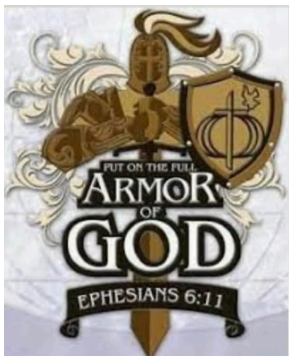
Impact Virginia



Laurie Wright,
lauriewright5749@gmail.com
434-774-7947

Services Offered: Impact Virginia is an intense mission experience for youth groups. Students work all day on a job site and spend mornings and evenings in worship. They assist families in our community with house repairs such as porches, ramps, roofs and other projects they may need help with, but cannot do on their own.

Kingdom Warriors, Inc.



Bruce E. Robinson
brobinson49@gmail.com
(434) 447-7922
123 South Mecklenburg Ave.
South Hill, Virginia

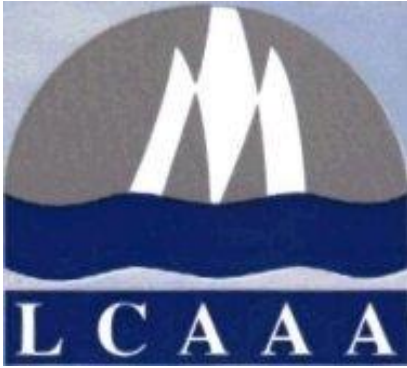
Services Offered: Our mission is to eliminate food insecurity, provide clothing, and coordinate shelter for underserved citizens.

- Community Day (3rd Saturday of each month)
- Serve Meals
- Process and Distribute Food and Clothing
- Gleaning and Transporting Food
- Picking up furniture donations
- Bulk food deliveries
- Building renovation in South Hill
- Seminars to educate the community on topics such as wellness, nutrition, fitness, and finance

Volunteer Opportunities:

- Single and multiday work - will work around volunteers' schedules

Lake Country Area Agency on Aging



Marvalene T. Johnson,
President/CEO
(434) 447-7661

lakecaaaa@lcaaaa.org

mjohnson@lcaaaa.org

Volunteers may contact:

Tanya Crowder, Adult Day Care

tcrowder@lcaaaa.org

Megan Zaytoun, Transportation

mzaytoun@lcaaaa.org

Jenna Smith, Nutrition

jsmith@lcaaaa.org

Brielle Hicks, V-Pres

(community service)

bhicks@lcaaaa.org

Service Offered: LCAAA serves as an advocate for persons 60 years and older by helping them to achieve a better quality of life and to secure and maintain independence and dignity in a home environment. LCAAA removes individual and social barriers to economic and personal independence, and provides a continuum of care to the vulnerable elderly, serving those older individuals most at risk of institutionalization.

Other services we offer include: Phone Checking Services; Lifeline; Virginia Insurance Counseling Assistance Program (VICAP); LCAAA Medical Transportation; Home Delivered Meals; Congregate Meals Sites; In Home Care; Adult Day Health Care.

Volunteer Opportunities:

- Nutrition: Assist with packing home delivered meals and other kitchen or dining room duties
- Adult Day Care: Assist with client socialization activities
- P.A.L.S.: summer teen volunteer program in which youth assist with client socialization activities, etc.
- Transportation, other office clerical: assist transportation coordinator or other office staff as needed
- "Community service" hours offered

Lakes Media



Services Offered: Lakes Media can provide free Public Service Announcements (PSA) for non-profit community events and agencies.

Jimmy Martin

jimmymartin@lakesmediallc.com

jimmymartin128@gmail.com

(434) 917-2804

LKG 911 Community Task Force



Dr. Melissa Hartman
703-577-3028

lkg911taskforce@gmail.com

Services Offered: You don't know what you don't know until you have an emergency yourself. We educate citizens and visitors in order to save lives. We advocate to provide necessary tools, resources, and legislation to improve 911 operations and address challenges confronting rural communities across the nation. We collaborate with public safety stakeholders and safety organizations, and form partnerships to align messaging and broaden education efforts. We promote appreciation of the amazing first responders serving our communities.

Volunteer Opportunities:

- General administrative office support, project management, financial and budget assistance
- Assist in first responder appreciation program
- Special projects
- Assist in presenting free CPR & First Aid classes and other community educational events
- Advocacy and policy projects

Mecklenburg County Department of Social Services



**MECKLENBURG
COUNTY** *Virginia*

Christopher Spain, Director
chris.spain@dss.virginia.gov
434-738-6138

Services Offered: Ensures the County's most vulnerable citizens experience sustainable safety, food security, healthcare, self-sufficiency, and permanency through engagement, collaboration, and provisions. Offers child and adult protection and services, food and health security through SNAP and Medicaid, employment services, child care, and energy assistance.

After hours on-call 24/7.
Child and adult abuse/neglect
reporting: 434-738-0028

Mecklenburg County Victim/Witness Assistance Program



**MECKLENBURG
COUNTY** *Virginia*

Hattie Farrar, Director
vwap@mecklenburgva.com
434-738 7191 ext. 4355
(434) 774-6087

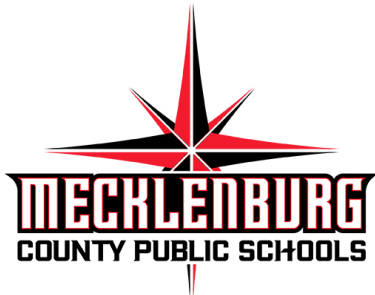
Services Offered:

- provide crime victims/witness information about their rights
- court accompaniment to trials
- compensation services
- safety planning
- crisis intervention
- domestic violence and sexual assault case management
- support groups

Volunteer Opportunities:

- monitor court
- accompany clients in court as needed
- assist with outreach projects
- send out survey information
- transport clients to court if needed

Mecklenburg County Public Schools



Mecklenburg County Public
Schools
434-738-6111
Volunteer application
available online at
mcpsweb.org

Services Offered:

- Provide a safe, student-focused learning environment that promotes academic excellence, creativity, and student wellness.
- Instruction: PK to 12th grade, and Gifted Education
- Student services: Special Education, Child Find (ages 2-4), McKinney-Vento (homelessness/ displaced housing), Homeschool, Homebased, Homebound, Foster care, FAPT (IEP-driven)

Volunteer Opportunities:

- Help school personnel with instructional tasks and duties.
- Provide students with individual assistance and attention.
- Share knowledge, talents, and resources with students.
- Broaden student awareness of and experiences with those who share different backgrounds, resources and talents.
- Volunteers must complete a security screening.

MindAlign Counseling Group



Emily Spence
Ginger Freeman
434-584-9814

mindaligncounselinggroup@gmail.com

Services offered: We provide a wide variety of in-person or telehealth individual, family, couples, or group outpatient counseling and support services such as:

- Support to help children, teens, and adults cope with stress, anxiety, depression, trauma, and life challenges
- Substance Use Services
- Counseling for couples, families, parents
- Specialized Therapy (EMDR) for trauma, anger management groups, and reunification support for parents and children.
- Professional Supervision for LPC and CSAC licensure
- Parenting and Co-parenting support
- VASAP-contracted services

Volunteer opportunities: We welcome community members as volunteers, including students interested in counseling or social work careers. Volunteers can assist in many ways including community outreach at special events such as health fairs; providing assistance in administrative tasks, outreach, or program support; assisting with groups and workshops by setting up spaces, greeting participants, etc.; collecting and organizing educational materials, creating community resource guides, etc.; and client support services such as help with reminder calls for appointments.

Oneway Development

Jason Baskerville, President
Oneway Development LLC
434-917-3039

Oneway.org.southhill@gmail.com

Services offered:

We provide mentoring services for youth.

Volunteer Opportunities:

We can use volunteer help at community events aimed at mentoring youth.

Parent Educational Advocacy Training Center



703-923-0010
partners@peatc.org

Services Offered:

- Parent Educational Advocacy Training Center (PEATC) helps families navigate special education and disability service systems
- All services are free and confidential
- PEATC provides one-on-one consultations, workshops, webinars, trainings, & factsheets
- Ages Birth to 26
- Assistance available in 300+ languages

Penmac Staffing Services, Inc.



Jessie Harville
jessica.harville@penmac.com
southhill@penmac.com
434-447-4333
434-470-1064
www.penmac.com

Services Offered: Penmac Staffing is a Staffing Agency that places individuals back into the workforce.

Our personal and custom approach to staffing matches the right people with the right jobs.

874 N Mecklenburg Ave South Hill VA 23970

Power of One

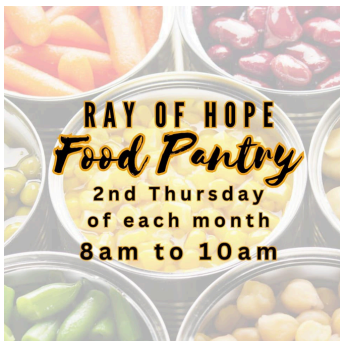
Lawanda Tatum
Lawandapowerofone@gmail.com
Lfisher6410@gmail.com
(434) 247-8195

Services Offered: The Power of One is a Family Enrichment and Community Development Organization. We specialize in supporting children, families and creating initiatives to enhance our community. We also provide mentors for children and parents.

Volunteer Opportunities:

- mentors for children and parents
- tutors for all grade levels
- trauma victim support

Ray of Hope Food Pantry



Becky Rudd 434-865-3407
rayofhopefoodpantry@gmail.com

Services Offered: Ray of Hope Food Pantry collects and distributes food to Lacrosse, Bracey, and Mecklenburg County residents.

Volunteer Opportunities: All of our people are volunteers. 2-4 hours of work on the second week of the month. Finished before noon. Picking up groceries. Packaging groceries. Distributing groceries to neighbors. Give donations.

Resilient Pathways



Christine Pennington
2yourpathway@gmail.com
(434) 210-0794

Services Offered: Counseling, coaching, and training services aimed at helping community members overcome adversity and live resilient lives.

Volunteer Opportunities:

- Help with special events
- Office assistance

R.T. Arnold Library



Gloria Taylor, Branch Manager
434-447-8162
gtaylor@mecklib.org

Services offered: Provides materials and services to help residents, especially children, obtain information meeting their educational, vocational, cultural, personal, and recreational needs. The Calendar tab at www.mecklib.org lists regular events such as children's story time, the "1000 Books Before Kindergarten" read-aloud program, Lego Makerspace, Movie Time, the Books and Buddies Program, etc. The Summer Reading Program offers theme-oriented activities and events.

A free library card gives access to free library materials and online resources such as:

- "Just for Kids," a video streaming site
- "Libby," an app for borrowing ebooks and audiobooks on phone, tablet, or computer;
- Language learning programs
- Genealogical research programs
- Online courses for continuing ed credit,
- Books, computers, WiFi, and DVDs.

Salvation Army



Steve Carroll, local Coordinator
scarroll1957@gmail.com
Additional Contact: Susie Carroll

Services Offered: We assist with emergency situations (one time assistance) shelter, food, clothing. We assist/partner with other local agencies to give temporary relief to emergency situations. Limited resources come from bell ringing each year

Volunteer Opportunities:
Saturdays ½ or full day increments Ring bell in December at Walmart from Thanksgiving weekend through Christmas Eve Groups can do 1 or 2 doors.

The Selah Center

the **Selah Center**

Service Offered: The Selah Center provides pregnancy help to families in Mecklenburg County by providing FREE pregnancy tests, parenting classes, and material help to sustain and equip families to CHOOSE LIFE. Appointments are needed. We have offices in Clarksville, South Hill, and South Boston.

Volunteer Opportunities:

Christie Russell,
Founder and Chairperson
christiegrussell@gmail.com
(434) 738-3576
(434) 362-2207
Text: (434) 253-0733
Availability:
Clarksville Tues and Wed 12-4
South Hill Tues 1-6
South Boston Mon 10-5

- Boutique Organizers launder, distribute, and organize clothing donations
- Church Liaisons monitor needs, prayer concerns, etc.
- Receptionists welcome clients, schedule appointments, and update client files
- Advocates meet with clients and lead classes, peer counseling, and prayer
- Sharing Team and Community Events Team assist with community outreach events
- Fundraising Team helps plan and host fundraising events

South Hill Aglow Community Lighthouse



Rachel S. Brown, President
Alfredia Lee, VP of Finance
LaTonja Harris, VP of Public Relations
southhillaglow@gmail.com
(434)532-1768

Services Offered: We are a non-profit organization that is an extension of Aglow International based out of Edmonton, WA. We host Bible Studies, book studies, men and women's meetings or conferences that promote emotional, mental, and spiritual wholeness. We collaborate with area nonprofits or ministries to meet practical needs. We help people with physical and mental/emotional needs by helping them connect with the proper agencies or organizations.

Volunteer opportunities:

- attend events and assist as schedules allow
- Use your talents, giftings, and resources to encourage people
- work on planning committees for upcoming events

South Hill Breadbox



Amber Thomas, President
amthomas759@gmail.com
(434) 447-8353

Homebound Contact:
Fred Williams
(856) 882-6579

Services Offered: Application or registration needed. Register on the service days and begin receiving service. We provide grocery assistance to the community on the first two Saturdays of each month. On the last Thursday, we deliver groceries to home-bound clients. We also have a program called the Care program, where we assist with non-grocery needs on a limited and emergency basis. We also have placed blessing boxes in town in 2 locations that are for public use.

Volunteer Opportunities:

- Deliver food to home-bound clients.
- Pick up donated food from Food Lion.
- Help take in food deliveries and arrange the food on shelves at the Breadbox.
- Drop off in-date nonperishable donations to the blessing boxes in town

South Hill Lions Club



Lisa Clary
Undermyhat@embarqmail.com
434-447-9458

Services offered: The official mission of Lions Clubs International is to empower Lions clubs, volunteers, and partners to improve health and well-being, strengthen communities, and support those in need through humanitarian services and grants that impact lives globally, and encourage peace and international understanding.

The South Hill Lions Club works to provide eye exams and glasses for those who need financial help with vision services. We regularly do sight screenings at local schools and events.

South Hill Rotary Club



Lisa Clary
Undermyhat@
embarqmail.com
434-447-9458

Services offered: Rotary clubs are local and global service organizations of business and professional leaders. Members strengthen their communities. They encourage and maintain high standards of integrity and ethics.

In the South Hill area, the club donates time and resources to support local teachers, classrooms, and first responders; puts up the annual flag display to honor local veterans and other heroes; awards college scholarships to local students; cleans local roadways of trash; etc.

Volunteer opportunities: Rotary members are all community volunteers. Contact the Rotary Club if you are interested in becoming a member.

Southside Behavioral Health



SBH Centralized Scheduling
1-833-272-2778
sbhcares@southsidebh.org
www.southsidebh.org

Services Offered:

- Behavioral health & wellness assessments, adult and child outpatient therapy (individual & group), psychiatry (onsite or telehealth) and medication support, case management
- Children & family services
- Comprehensive substance use and addiction services
- Developmental disabilities services: group homes, semi-independent living, intermediate care facilities, group day programs, community coaching.
- Early intervention home-based coaching for infants and toddlers with developmental delays or medical conditions
- Crisis services: 24/7 access to counselors at 833-377-7272
- Prevention programs
- No one is turned away due to inability to pay. Sliding scale fees available.

Southside Coalition Group



Services Offered: We are a network of concerned citizens and community partners who seek to improve lives and prevent drug use through education, empowerment, and collaboration. Our vision is to create a stronger, safer Southside.

Kenan Tyner Smith,
Prevention Director
434-572-6916 ext. 1550
prevention@southsidebh.org

Volunteer Opportunities: Our group is volunteer-based. We host monthly meetings, offer leadership opportunities, trainings, events, and work groups on different projects. If you would like to help, please contact prevention@southsidebh.org

Southside Outreach Group



Earl Howerton
(434) 572-9556

earlhowerton@ssorg.org
Cassandra Barksdale,
Program Administrator
(434) 572-9556
cdixon@ssorg.org

Southside Outreach Group,
Inc.
Post Office Box 375 South
Boston, Virginia 24592

Services Offered: Our mission is to assist income-eligible persons in obtaining affordable, safe, decent, sanitary housing.

- Housing Production Program: Pre-purchase homeownership counseling, homebuyer education, financial literacy training, pull credit reports and resolve credit issues, post purchase ownership counseling
- Indoor Plumbing Rehabilitation-Flex Program: Non-potable water(well), fail or failing septic system, no bathroom, general housing repairs
- Accessibility Grant Program & Grant Freedom Program: Installing ramps & chairlifts, modifying bathrooms and kitchens, widening of doorways and sidewalks
- Rental housing

Volunteer Opportunities:

- In our self help program: Painting, installing vinyl siding, windows, flooring, installing insulation, install stoops, drywall, removing debris and construction material, landscaping

Southside Prostate Awareness and Rural Cancer Screening (SPARCS)

Timothy J. Wallace, M.D., Ph.D.
Timothy.J.Wallace@vcuhealth.org
engagemassey@vcu.edu
(434) 447-0863

VCU Healthcare/Community Memorial
Hospital South Hill, VA 23970

Services offered: SPARCS: Igniting Early Detection and Care in Southside Virginia is a cancer prevention initiative. Its aim is partnering with local groups and faith-based and community-based organizations to bring mobile prostate cancer screening and follow-up to the community. This project will address both the screening and the follow up. Anyone interested in partnering or anyone interested in learning how to get screened for prostate cancer can contact us at:
engagemassey@vcu.edu.

Southside Virginia Community College



**SOUTHSIDE VIRGINIA
COMMUNITY COLLEGE**

SVCC Student Services

434-736-2022

student.services@southside.edu

Claire Lucy, Recruiter

434-949-1029

claire.lucy@southside.edu

Services offered: SVCC serves high school students preparing for college, recent graduates beginning their higher education, adult learners returning to school, working professionals seeking career advancement, and community members looking for personal enrichment. We offer affordable two-year associate degrees and workforce credentials; seamless transfer pathways to four-year colleges and universities; hands-on career training in healthcare, technology, trades; dual enrollment college courses; adult education; and GED prep. We offer financial aid, scholarships, guidance counseling, tutoring, and other resources to make college accessible.

Southside Youth Development Corp



William Crenshaw

wcrenshaw673@gmail.com

804-503-9758

sydcva.org

Services Offered:

- Summer Youth Group
- Tutoring Program
- Youth Empowerment Extravaganza
- Other events and activities

Volunteer opportunities: Contact

William Crenshaw

Toys for Tots Mecklenburg County, VA



<https://bracey-va.toysfortots.org>
bracey.va@toysfortots.org

Services Offered: Provides toys for economically disadvantaged children at Christmastime for children ages 6 months-12 years of age.

Applications accepted October 1 - December 7 annually apply online or pick up application at any Mecklenburg County Chamber of Commerce.

Parent must be able to pick up toys in South Hill on Saturday or Sunday in mid-December.

Treena's Treehouse



Services Offered: We provide these essential resources and support to women and children facing abusive situations:

- Legal and Advocacy Service
- Financial & Budgeting Classes
- Housing Assistance & Transitional Living Programs
- Church & Community Connections
- Life Skills & Education
- Spiritual Guidance

Volunteer Opportunities: Volunteers can:

- Offer encouragement and guidance through faith-based programs.
- Assist with donations and distribution of essential items, including furniture, household goods, clothing, food, and other basic necessities.
- Assist with community outreach events and life skills classes
- Basic administrative support

Treena White
(540) 312-1906

treenastreehouse@gmail.com
www.treenastreehouse.com

Tri-County Community Action Agency



Kim Carson, Director
kcarson@tricityva.org
434-404-3455

Services Offered: Assists low- to moderate-income individuals and families with a wide range of services:

- Domestic Violence & Sexual Assault Program (Court accompaniment, assistance filing for protection orders, shelter & more)
- Homelessness and Homeless Prevention Program
- Rapid Rehousing
- Energy Share Program (assists with cooling costs in the summer & heating costs in the winter)
- VITA tax preparation
- Private Jobs (contractors make necessary repairs at the expense of the homeowner or tenant)
- Head Start Program
- Infant & Maternal Health Program
- Serving Hope Food Pantry (Distribution 2nd Monday of each month)
- USDA Program (1st time home buyers/home repairs)
- Mentor Role Model Program
- Community Cannery
- Westside Housing Project (building new affordable homes)

Under My Hat Media



Lisa Clary
Undermyhat@embarqmail.com
434-447-9458

Services Offered: Social Media marketing, newspaper, and more. Any non-profit such as a church, fire, rescue, civic organization gets event listing on my social media pages for upcoming events and fundraisers. Just provide the information or flyer in jpeg or Word format.

Virginia Poison Center at VCU Health



VCUHealth™

Virginia Poison Center at VCU Health
800-222-1222
poisoncenter@vcuhealth.org

Services offered: The Virginia Poison Center at VCU Health is available 24 hours a day, 365 days a year to provide fast, free, and confidential treatment advice. Call us for help with medication mix-ups, accidental overdoses, household products, plants and bites and stings from insects, snakes and/or spiders. Every caller speaks with a nurse from VCU Health immediately, without the hassle of a waiting room, long hold times, or confusing internet searches. Most callers get the help they need from the comfort of their home, saving the cost and stress of a trip to a doctor or hospital.

Mobile Health and Wellness Program VCU School of Nursing



Dr. Martha Purvis
Dr. Lana Sargent
Dr. Jackie Daniel
804-389-0521
mhwp@vcu.edu

Services Offered Free of Charge:

- Blood Pressure Check
- Blood Sugar Check
- Hypertension and Diabetes Medication Information
- Mental Health Screening
- Health & Wellness Goals
- Connecting to Primary Care
- Transportation & Housing Info
- Nutrition & Healthy Eating
- Smoking Cessation
- Help with Advance Care Planning
- Free or Reduced Cost Glasses Vouchers (need current prescription)
- A mobile health unit lets nurse practitioners give participants the care they need while they wait to see their regular doctor.

VCU Behavioral Health



Dana Moore, PMHNP-BC
Dana.moore@vcuhealth.org

Jennifer Smith, PMHNP-BC
Jennifer.smith2@vcuhealth.org

Behavioral Health South Hill
140 E Ferrell Street
South Hill, VA 23970
434-584-5400

Services offered:

- Specializes in outpatient treatment of adult, child, and adolescent patients with a variety of needs, from short-term mental health needs to chronic conditions.
- Services include: Psychiatric clinical diagnostic assessments and evaluations and medication management related to adjustment disorders, depression, persistent depressive disorder, anxiety disorders, specific phobias, panic disorders, psychotic disorders, somatic symptoms and related disorders, obsessive compulsive disorder.
- Help with problems related to other psychosocial, personal and environmental circumstances, trauma and stress related disorders.

Vibrant Church



vibrantchurchva@gmail.com
(434) 233-0054
(434) 233-0625

Services Offered:

- Vibrant Church hosts several community programs including Celebrate Recovery and Kineo Adults and Kids, both described below.
- Check us out at:
www.facebook.com/groups/celebraterecoveryvibrantchurch/

Celebrate Recovery Ministry



Services Offered: A Christian-based organization helping those with drug, alcohol, and other addictions. It is a 12-step, faith-based ministry that helps those struggling with Hurts, Habits, and Hang-ups. We provide a safe place to share your struggles in a respectful and confidential environment.

Pastor Rob McCoy
434-233-0625
Vibrantchurchva@gmail.com

- We meet at Vibrant Church (LaCrosse, VA) on Mondays from 6:30-8:30pm.
- For more information, go to:
www.vibrantchurch.org/pages/celebrate-recovery.

Kineo Training Ministry



Barbie Nelson
434-233-0054
Kineomtc.com

Services offered:

- Our training classes help kids and adults learn about discipleship.
- Kineo Ministry is an accredited school with an extended campus in LaCrosse, Virginia at Vibrant Church. Our main campus is in Dawsonville, Georgia.
- For more information, go to: vibrantchurchva.org and search for Kineo Ministry Training Center.

Virginia Department of Health



Destinee Watson
434-770-2775

Destinee.Watson@vdh.virginia.gov

Services offered:

- Vital statistics: birth and death certificates, etc.
- Teen and woman services: GYN and breast exams, Pap smears, mammograms, STD testing, contraceptives, health education
- Immunization: free routine required childhood shots and boosters; shots for flu, pneumonia, Hepatitis B
- Pregnancy testing and education
- Sexually transmitted diseases (STD), HIV, TB services
- Women, infant, and children (WIC) food program
- Nutritional counseling and education
- Breastfeeding support
- Communicable/Infectious Disease services
- Screenings for personal care services and nursing home placement for medicaid-eligible individuals

Southside Medical Reserve Corps



Services offered: We are volunteers that support the Virginia Department of Health during disasters and public health emergencies. We offer free classes to the community including REVIVE, You Are the Help Until Help Arrives, Family Emergency Preparedness.

Amanda Hutchins, Unit Coordinator
804-914-2608
amanda.hutchins1@vdh.virginia.gov

Volunteer Opportunities: We train both medically trained and non-medically trained volunteers to help with disasters and public health missions, shelter support, animal shelters, VDH vaccination clinics, food truck inspection, point of dispensing and point of testing sites, food pantry, community garden, and teaching the community. More information at www.vamrc.org.

VA Department of Veteran Services



www.dvs.virginia.gov

Ben Shaw
804-690-3217
ben.shaw@dvs.virginia.gov

Services offered: DVS offers services relating to assisting veterans and their dependents with:

- VA disability compensation claims
- Educational opportunities (Virginia Military Survivors & Dependents Education Program)
- Cemetery interment for honorably-discharged veterans and spouses
- Employment opportunities (Virginia Values Veterans Program)
- Housing
- Therapy

Volunteers for Christ



Steve Carroll, Founder and director
volunteers4christ.org@gmail.com
Requests for assistance: (434) 447-7741
www.volunteers4christ.org

Sponsored Offered: Volunteers For Christ is a non-profit organization formed to provide an outreach ministry through which caring individuals and groups can work together to show the love of Christ by helping others.

Volunteer Opportunities: Help with miscellaneous home repairs & handicap ramps, and other repairs as possible.

The Windsong Foundation



Tammy Mulchi
434.500.1873

thewindsongfoundation@gmail.com

Services Offered: We support women who have experienced domestic violence by:

- Securing domestic violence shelter services
- Transportation to obtain protective orders and to shelter
- Mentoring
- Referrals to mental health agencies, financial planning services, job training, and legal services

Volunteer Opportunities: Volunteers are trained to:

- Provide rides to and from doctors' appointments, court, shelter, and more
- Help with fundraising
- Provide pet foster services for victims' pets while they are in a temporary shelter
- Administrative office work, help answer telephones
- Provide counseling (licensed preferably Christian-based therapists)
- Provide pro-bono legal work for protective orders (attorneys)

Young Life Halifax-Mecklenburg



Matt Rich
540-416-6916

mecklenburgyounglife@gmail.com

Services Offered:

- Young Life is a Christian outreach non-denominational ecumenical ministry for middle school, high school, and college-aged students
- We build teams of caring adults who go out into the world of kids to build relationships with them
- We have events throughout the year to introduce teens to Jesus and to help them grow in their faith
- We go on trips during the school year and summer to Young Life Camp properties and beyond
- We help teens get plugged into a local church

- **Volunteer Opportunities:** Become a Young Life Leader to all types of teens. Support the leaders and staff, fundraise, help with event planning and event support, give rides to event, host events, connect staff with others in the community.

South Hill Presbyterian Church



Rev. Sandi Libhart
shpresb653@gmail.com
slibheart@gmail.com
(434) 447-8159

Services Offered: With a commitment to social witness and justice, the church actively engages in various community outreach efforts, supporting initiatives related to disaster response, immigration, and equity issues. The church celebrates its heritage while looking toward a future that promotes justice, peace, and community engagement.

Volunteer Opportunities: No previous training or skills required. Community garden needs help with weeding, watering, and harvesting. We need help teaching gardening and how to cook healthy, canning, and freezing fruits and veggies. Not required to be a member of the church.

First Baptist Church



First Baptist Church (434) 447-4763
fbcshva@gmail.com
Rev. John Carey (434) 447-4763
JohnLCareyJr@comcast.net

- Sunday Morning Christian Worship
- Sunday School (classes for all ages)
- Annual Vacation Bible School
- Christian Counseling Available
- Team Volley Ball For Youth

Living Water Ministries Church



Pastor Jonathan Thomas
hartwellthom@gmail.com
Co-Pastor Amber Thomas
434-865-3162
amthomas759@gmail.com

Sunday Morning Services are every Sunday
beginning at 10:30 am;
Wednesday night bible study is at 7:00 p.m.

We have nursery and children's church on
Sunday mornings. We also have an active
teen youth group.